



Ensuring quality professional social work services
to the population of New Brunswick

New Brunswick
Association
of SOCIAL WORKERS



NEWS & Views
2018 - APRIL Issue



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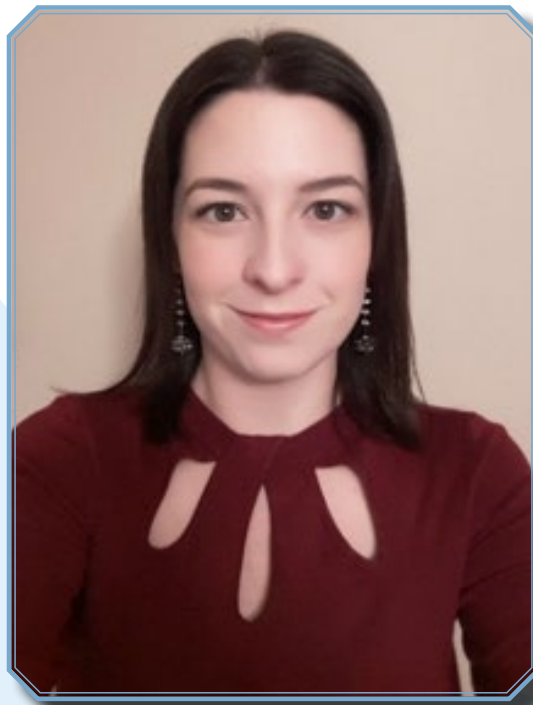
FROM THE EDITOR

Happy Spring! This time of year is always a busy one at the NBASW office. With registration season from January - March and Social Work Week, the NBASW team has been on the go!

We would like to extend a big thank you to everyone who helped celebrate Social Work Week 2018 by hosting local chapter events, hanging promotional posters in their workplace, or sharing our online campaign through social media. We appreciate the passion, dedication and hard work of social workers across the province, and love having the opportunity to celebrate this with you and educate the public about the important work you do.

There's lots in store for the next few months, as we welcome a new group of social work students for a field placement opportunity, prepare for the 2017-2018 NBASW Conference, Banquet & AGM, and look ahead to educational events and other projects.

Keep reading to stay up to date on the work of your professional association. As always, comments about how we can improve our communication are welcome and can be sent to rmills@nbasw-atsnb.ca



NBASW CONFERENCE, BANQUET & AGM

Registration Forms Now Available!

The 2017-2018 NBASW Conference, Banquet & AGM is less than two months away!

The Saint John chapter is proud to be hosting this year's event on June 15th & 16th and has arranged a fantastic educational conference, with speaker Sheri Coburn, RSW who will be presenting on the theme of *Vicarious Trauma – Strategies for Resilience*. Event invitations/registration forms are now available on the NBASW website at <https://bit.ly/2HdTwLF>. We know wellness is a crucial topic for social workers today. The registration deadline is May 30th, so don't miss out!

Appointing a proxy

Not able to attend this year's AGM but want to ensure your voice is heard when it comes to important decisions about your professional association? Voting members can appoint a proxy to vote on their behalf at the AGM. To appoint a proxy, members must complete this form <https://bit.ly/2v2zj2> and send it to the NBASW. All proxy forms must be received at the Association office by Friday June 15th. Forms can be submitted by mail, scan/email (mleblanc@nbasw-atsnb.ca), fax, or dropped off in person. The appointed proxy must be a voting member, and no person can hold more than one proxy.

Bylaw changes

Members wishing to propose bylaw changes for the upcoming AGM are reminded that bylaw amendments must be submitted in writing using this form <https://bit.ly/2GNljDb>, signed by at least two members and submitted no less than 60 days before the annual general meeting.

Available Board Positions

The position of Treasurer on the NBASW Board of Directors will become available in June 2018. The Treasurer is responsible for overseeing the NBASW's finances and budget. Members interested in applying for the position of Treasurer are invited to submit their name and a short biography to the Chair of the Nominating Committee, Debby Stanton. Applications may be submitted via email to nbasw@nbasw-atsnb.ca

The position of Chapter Director for the following regions will become available in June 2018:

- Saint John
- Woodstock
- Charlotte County
- Edmundston-Grand Falls
- Chaleur

Members interested in serving as Chapter Director for their region should contact their local chapter. Each Chapter will provide the Chair of the Nominating Committee with the names and biographies of nominated candidates.

Did You Know?

Each year during the NBASW banquet, the hosting chapter organizes a silent auction with items collected by the local chapter and donations from other chapters around the province. Did you know that funds raised during this silent auction go to support the NBASW Scholarship Fund?

Did you know that participation in the NBASW AGM provides members with the equivalent of 5 Continuing Professional Education hours?

SOCIAL WORK WEEK 2018


Social Work Week 2018 ran from March 18 - 24th in NB and was full of celebrations honouring the social work profession. The week began with a [Ministerial Statement](#) in the Legislative Assembly from the Honourable Stephen Horsman. A [letter to the editor](#) prepared by the NBASW was submitted to all major New Brunswick newspapers, and inspired a follow up [column](#) by the Times & Transcript highlighting the diversity of the social work profession.

Throughout the week, the NBASW ran a series of social media posts featuring community partners who shared what the contributions of social workers mean to them. In case you missed them, we've included a few below! The NBASW was also proud to launch its first [promotional video](#), promoting the profession to those who may be considering a career in social work.

The NBASW staff also joined the Université de Moncton community in celebrating their 50th anniversary of social work education at their School of Social Work.


Many chapters held local celebrations, presented awards and offered educational events during Social Work Week. The Association was able to promote these events through social media so that members around the province could engage and learn from each other.

Thank you for a wonderful Social Work Week 2018! If you have suggestions or ideas for next year's celebrations we'd love to hear them.



Celebrating Social Work Week

March 18-24, 2018



"I work with four social workers directly at St. Joseph's Community Health Centre. Working with a social worker has undoubtedly helped patients who are anxious about starting a new medication. I was able to provide the patient with details on what to expect from the medication (time to effect, worrisome side effects). Then the social worker better prepared the patient for how to cope with the anxiety of taking the medicine."

Andrew Brilliant
President, New Brunswick Pharmacists' Association



Celebrating Social Work Week

March 18-24, 2018



"Social workers make meaningful contributions to the care and health of New Brunswickers across many settings and are important community partners.

Social workers are valuable in many capacities, including direct care to individuals and families, and advocating for our most vulnerable populations. Social workers working within treatment settings demonstrate high ethical standards and a high level of expertise for working with the populations they serve.

Whether working to advocate for individuals or families, treating addiction or mental health concerns, or impacting policy – social workers make an invaluable contribution to our society. They are an essential member of any team. As a Psychologist, I am thankful for the perspective and contribution that social workers provide."

Dr. Angela Burbridge, Licensed Psychologist
Chair, Professional Affairs Committee, College of Psychologists of New Brunswick
Director, Burbridge and Associates Psychological Services



Celebrating Social Work Week

March 18-24, 2018



"Social Work Week is an opportunity to celebrate the great contribution that social workers make in the lives of New Brunswickers every day.

Social workers play an essential role in frontline health services and make a real difference in the lives of patients and their families. They help them cope with the emotions of a diagnosis, and provide counseling when needed. Social workers also help medical team members recognize the emotional aspects of a patient's illness.

On behalf of the New Brunswick Medical Society, I want to thank all social workers in the province for their dedication to the health and well-being of New Brunswickers."

Dr. Dharm Singh, MD, FACS
President, New Brunswick Medical Society

NEW CONTINUING EDUCATION OPPORTUNITIES COMING SOON

The NBASW is excited to announce that it has invested in webinar technology and partnered with the CASW to bring members more continuing education opportunities. Live and recorded webinars are a great way to deliver education in a format that is accessible to individuals across the province while accommodating different schedules. The NBASW Education Committee met in March to develop a schedule of webinars for the 2018-2019 year. We're excited to bring this new service to you.

If you are interested in offering a webinar in partnership with the NBASW, please contact us at rmills@nbasw-atsnb.ca



Save the Date

Webinar : Social Work & Record Keeping

Presented by:
Hélène Albert, Penelopia Iancu, Isabel Lanteigne
L'Université de Moncton

Monday May 14, 2018
12pm-1pm Atlantic Time

This presentation will be offered in French
Registration details coming soon!

Webinars will be recorded and available for viewing following the event

WELCOME STU SOCIAL ACTION STUDENTS 2018



The NBASW office was excited to welcome three new social work students from St. Thomas University. Kaitlin Pauley, Kirsti Roxburgh and Mike Stafford will be completing their Social Action Field Placement with the NBASW from April – June 2018. The students will be continuing the project started last Fall, looking at the impact of a social worker's involvement on the experience of older adults. As part of their research, the students will be developing surveys to get the perspectives of social workers who serve this population. Stay tuned for more information coming soon!

NBASW WEBSITE

Work on the new NBASW website is progressing smoothly. All content has been reviewed and reworked and the design and layout of the website have been approved to ensure that the new site will be user friendly and easy to navigate. Revolution is now working on building the site in preparation for its official launch at the June 2018 AGM.

NBASW ACT

The NBASW Act has been reviewed and signed by the Minister of Health in preparation for presentation to the legislature. Due to the House only sitting for one week in March, there was not sufficient time for the Act to be introduced and go through the required readings. The NBASW's goal will be to have the revised legislation introduced in the Fall 2018 session.

INTIMATE PARTNER VIOLENCE INTERVENTION ACT

In the next few months the Intimate Partner Violence Intervention Act will be proclaimed. This new Act will permit victims of intimate partner violence to access temporary legal remedies while seeking more permanent solutions to intimate partner violence. In collaboration with the department of Justice and Public Safety and the Women's Equality Branch, Public Legal Education and Information Service of New Brunswick (PLEIS-NB), has developed booklets and bookmarks, these contain information on how to obtain an Emergency Intervention Order. If you would like to receive booklets and/or bookmarks for your office, please contact Marie-Gabrielle Gagnon at the Women's Equality Branch, at the following email address: Marie-Gabrielle.Gagnon@gnb.ca or by phone at: (506) 444-4704.

COUNSELLING SURVIVORS OF SEXUAL VIOLENCE: TRAINING FOR COUNSELLING PRACTITIONERS

Counselling Survivors of Sexual Violence is a five-day training workshop designed to provide counsellors with in-depth, specialized training for working with survivors of sexual violence. This training is being offered by the Fredericton Sexual Assault Centre from May 14 – 18, 2018. For more information or to register visit <https://bit.ly/2oNEqz4>.

WHITE RIBBON MARCH

ENDING MEN'S VIOLENCE
AGAINST WOMEN

**WHITE
RIBBON
MARCH**

Officer's Square
May 3rd, 12:00 p.m.

follow us: www.facebook.com/WRCFredericton

NBASW FEATURED SOCIAL WORKER SERIES

To read more Featured Social Worker Series publications, please visit the NBASW website or follow us on Facebook!

If you are interested in being featured in the future please contact Rachel Mills at rmills@nbasw-atsnb.ca

March 2018 Edition

NBASW Featured Social Worker Series

SONIA LANTEIGNE, RSW



Where are you from?

.....

I'm originally from Miscou Island, but I've been living in Moncton for a little over twelve and a half years.

How long have you been a social worker?

.....

I've been a social worker for nearly 15 years. It will be 15 years next May.

Where do you work? What do you do there?

.....

I work for Social Development, in Centralized Intake. I'm responsible for taking reports about child protection, adult protection, services to biological parents, and youth engagement services, for the province. My responsibility is to listen to the concerns of the people who contact us and to analyze this information in order to make a decision about whether the Department will get involved with the family and set the priority for intervention.

What's a fun fact about you that most people don't know?

.....

As well as being passionate about social work, I'm also passionate about hairstyling. I believe I must have been a stylist in a former life, ha ha! I really like to curl hair, dye it, and even cut it sometimes.

Thank you Sonia for helping us celebrate the diversity of roles held by NB social workers!

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What is an achievement (professional or personal) that you're proud of?

My greatest personal achievement is having decided to become a mother. It's the most important role and work there is, helping a little person grow and become a productive member of society.

As for my greatest professional accomplishment, well, I have a great feeling of accomplishment when people thank me for listening to them and helping them. A simple "thank you" is the most gratifying thing there is, to me, because it tells me that I'm doing a good job.

If you could offer one piece of advice about self-care, what would it be?

Take care of yourselves. It's important to take the time to recharge your batteries when you work in a caring profession like social work. We are constantly giving 100% when we help others and make a contribution to society, and it's important to care for ourselves, too. In a field like ours, we are faced with difficult situations that can sometimes have an effect on our mental health. It's important to make time for ourselves to recharge our batteries and have healthy minds. If we're not at our best, we won't be as effective at helping people in need.

Why are you proud to be a social worker?

"I'm proud to be a social worker because I like to try to make a difference in peoples' lives, even if I can just help one person make a positive difference in his or her life. I'm proud to listen to people who are in need and guide them to make different life choices. I'm also proud to be a voice for the most vulnerable members of our society, children and seniors, and to be a person who acts to protect these people. I am quite simply proud to be able to help others."

-Sonia Lanteigne, RSW

NBASW Featured Social Worker Series

DENISE MCCLURE, RSW

Where are you from?

I currently reside in Grand Falls, NB. I was born in Germany on a Canadian Air Force Base and my family returned to Canada when I was 11 months old, so I don't know any German except for what I learned on Hogan's Heroes. We spent some time in Prince Edward Island and Quebec, and moved to Grand Falls in 1972. I lived in Toronto when I got married in 1981, and then came back to Grand Falls in 1985 with a husband and two small children.

How long have you been a social worker?

I am a 'late bloomer', having attained my BSW in 2011, Class of 2012. So I've enjoyed being a social worker for six years now.

Thank you Denise for helping us celebrate the diversity of roles held by NB social workers!



Where do you work? What do you do there?

Currently, I work at the Tobique Valley Community Health Centre in Plaster Rock. I meet with clients one-on-one for counselling, to provide assistance with navigating the medical system, and with seeking funding for medical needs. I also work with an interdisciplinary team, participate in community events that promote physical and mental health, co-facilitate support groups, and give educational presentations. I recently began my private practice, both face-to-face and online, offering counselling for couples, grief, stress and anxiety, depression, life transition such as 'Empty Nest' and retirement, and caregiver burnout.

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What is an achievement (professional or personal) that you're proud of?

.....

You mean besides raising a family, right? Honestly, being a 'late bloomer,' I am pretty proud of myself for attending university and attaining a social work degree and being gainfully employed in a position that seems tailor-made specifically for me in an environment that makes me feel like a member of the family. [Taking a breath now.] It took some time, effort, sacrifices, and stepping out of my comfort zone to get here, and I'm finding it all worthwhile. Of course, I couldn't have achieved it without the tremendous amount of support along the way from family, friends, fellow students, professors, university administration staff, and summer employment co-workers.

If you could offer one piece of advice about self-care, what would it be?

.....

Only one? Okay, well... I've learned that time can be your friend but you need to make it so. The cost of not taking time for you can be too high, as I've experienced those consequences. Since then I've learned to 'fill my cup' so that I have something to share with others. Recently, I've learned the value of Mindfulness Based Cognitive Therapy and grounding myself between clients.

What's a fun fact about you that most people don't know?

.....

People who know me know that I can be pretty punny, even with groaners. However, only a select few know that I am a dragon-lover and enjoy writing fiction. But my dragons are nice and only eat fish. But not mermaids, because mermaids are not real. And now you know too.

Why are you proud to be a social worker?

"You know, when my client walks away feeling empowered and self-confident, as well as self-compassionate, it reminds me of why I became a social worker in the first place. It's powerful to witness individuals experience a moment of enlightenment and self-discovery. For me, that's what it's all about."

-Denise McClure, RSW

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NBASW COMMITTEE VACANCIES

Are you looking for ways to get involved in your professional Association? The NBASW has a variety of committees in search of new members! Keep reading for information about the work of each committee and available volunteer positions. If you would like to join a committee, please send a copy of your resume to nbasw@nbasw-atsnb.ca indicating the committee of interest. Committee members will be appointed by the NBASW Board of Directors. We look forward to hearing from you!

Committee of Examiners

- Examines and approves application for NBASW membership
- Comprised of six registered social workers appointed by the Association and one public member appointed by the Minister of Health.

2 positions available

Social Action Committee

- Concerned with issues of social injustice. Assists the NBASW with its efforts to bring about social and economic changes in society.
- Provides coordination and resources to the local chapters' Social Action Committees.
- Acts as liaison to persons or community groups engaged in social action and social change that adheres to the NBASW Code of Ethics.

1 position available (Board Liaison position)

Education Committee

- Responds to the education needs of the NBASW membership.
- Selects recipients for various bursaries and scholarships.

2 positions available (1 Regular Member, 1 Board Liaison position)

Practice Issues, Ethics, and Professional Standards Committee

- Responds to questions from the members relating to ethics and practice.
- Works on standards and guidelines when they are needed.
- Promotes and encourages high standards for excellence and professionalism in social work practice.

2 positions available

PROMOTION OF THE PROFESSION COMMITTEE *NEW*

As part of the NBASW Strategic Plan, the Board of Directors has struck a new advisory committee responsible for supporting the NBASW in the promotion of the social work profession. This Committee will focus on the goals of: improving image, better education, and building partnerships. This committee will have vacancy for 6 members.

NBASW FACEBOOK PAGES

Want to stay up to date on our day-to-day work?

Follow us on Facebook <https://www.facebook.com/NBASW/>